

# WHAT I REALLY, REALLY WANT - B

*module 1: lesson 4*

Today we will be finishing the pages from yesterday's assignment. The blank column down the right sides of the pages... It's for *EMOTIONS*.

Look at all the things you wrote down that you want. Now, think about what each one would *feel like*. Write these feelings in the blank column.

Some emotions might only appear once on your list. Others may come up again and again and again. That's okay. Just write down all the feelings that would come with having everything you want.

It doesn't have to make sense. If achieving a certain thing would make you feel fierce, where it might make another woman feel safe... put fierce.

The question isn't "how would this make a plain-jane, vanilla, average avatar feel?"

How would this make YOU feel?